



THE STATE OF FLORIDA
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MEMORANDUM 40-17HR

TO: Agency Administrators

FROM: Carolyn Horwich, Esq., Director of Human Resources

THROUGH: Rip Colvin, Executive Director

SUBJECT: Weight Management Pilot Program

DATE: October 16, 2017

The Department of Management Services will offer a Weight Management Pilot Program for the 2018 plan year to provide coverage for the treatment and management of obesity and related conditions such as diabetes, high blood pressure, high cholesterol and heart disease. Please note – this pilot program is only available in certain geographic areas and only if certain criteria are met.

The details of the pilot program are attached.

Thank you.

MANAGEMENT ADVISORY 17-012

DATE: October 9, 2017
TO: Agency and University Personnel Officers and Benefit Coordinators
FROM: Tami Fillyaw, Director
SUBJECT: Weight Management Pilot Program

The Department of Management Services will offer a Weight Management Pilot Program for the 2018 plan year to provide coverage for the treatment and management of obesity and related conditions such as diabetes, high blood pressure, high cholesterol and heart disease.

The Pilot is open to 2,000 enrollees and their dependents in the State Group Health Insurance Program who meet **ALL** of the following eligibility criteria:

1. Enrolled in Aetna, AvMed, Florida Blue or United Healthcare in the 2017 **and** 2018 plan years;
2. Body Mass Index (BMI) of 27 or higher and at least one weight-related comorbid condition (e.g., hypertension, high cholesterol, type 2 diabetes) **or** BMI of 30 without a comorbid condition;
3. 18 years or older;
4. Completed a health risk assessment in 2017;
5. Consent to provide personal and medical information to the Department;
6. Referred and supervised by a licensed physician in-network with the health plan during the 2017 plan year;
and
7. Agree to enroll in a Department-approved wellness program during the 2018 plan year.

The following enrollees or their dependents covered under the State Group Health Insurance Program are not eligible to participate in the Pilot:

- Enrollees and their dependents enrolled in Capital Health Plan or Florida Health Care Plan during the 2017 and 2018 plan years;
- Enrollees or dependents under the age of 18;
- Enrollees in COBRA;
- Women who are pregnant, plan to become pregnant, or are nursing;
- Enrollees or dependents who do not meet all of the Pilot's eligibility criteria.

In the 2018 plan year, the pilot will provide coverage for all visits to a licensed physician supervising a participant's treatment plan as well as Federal Drug Administration-approved medications for chronic weight management. Pilot participants will be responsible for all applicable medical and prescription drug copayments, coinsurance, deductibles and out-of-pocket expenses.

The pilot application period begins today, October 9, 2017. The first step for those eligible and interested in participating in the pilot is to download the [Physician Referral Form](#) from the [My Benefits website](#) and have it completed and signed by their physician. The second step is to [apply online](#) and submit a PDF file of the [Physician](#)

[Referral Form](#) with an application. **The window to apply opens October 9, 2017, and closes on November 17, 2017.** The department will not accept applications that are mailed or faxed in; additionally, the department will not consider applications received after November 17, 2017.

Applicants who meet the pilot eligibility criteria and who have submitted a completed application and completed Physician Referral Form signed by their physician will be selected on a first-come, first-serve basis. Only one application will be considered per member.

Participants will be required to enroll and engage in a free department-approved wellness program and must submit two progress reports during the 2018 plan year. The first progress report is due no later than May 30, 2018. The second report is due no later than October 31, 2018. Both progress reports must be signed by the treating physician and submitted online.

Applicant information will be kept confidential. The department is required to report pilot information to the Florida Legislature by December 15, 2018. Only the combined results of all participants will be reported and shared. Information about individual participation will not be disclosed.

Please share the FAQs and encourage employees to visit the [My Benefits website](#) to see if they are eligible and when and how to apply. Please do not direct employees to contact People First as the Division of State Group Insurance is solely responsible for administering the pilot. If you have any questions about the pilot, please email weightmanagement@dms.myflorida.com.

Thank you in advance for your support of this pilot to help improve the long-term health and quality of life for employees enrolled in the State Group Health Insurance Program.